



Accountability

Monthly @ \$100 - Initial Two (2) Month commitment required

OVERVIEW

Rooted Sonshine offers several resources that can be completed independently. For those who see benefit in having outside accountability, Rooted Sonshine provides advice, support, and expertise to foster growth and improve your outcomes or experience.

For those that choose this option, Rooted Sonshine will provide no fewer than four (4) connection calls over the course of two (2) months designed to hold you accountable in completing the challenges, exercises, readings, and critical thinking as laid out in the specific resource you are engaged in.

GOALS

1. For you to share and celebrate your success along the way
2. For you to feel momentum in identifying and working toward your goals
3. For you to practice techniques in how you can hold yourself and others accountable

SPECIFICATIONS

Rooted Sonshine will individualize accountability techniques to best meet your needs. Techniques might include deadlines, reporting, or tracking.

First monthly payment is due after the initial meeting. Ongoing payments are due on the same date each month thereafter.

MILESTONES

Initial Meeting

This thirty (30) minute meeting includes introductions, appreciation, boundary and goal setting.

Accountability Meetings

Rooted Sonshine will be available for one (1) thirty (30) minute accountability phone call every month, scheduled at your convenience. We follow the framework of update, analyze, and growth.

Capstone Meeting

If you choose not to extend past the two (2) month initial commitment, Rooted Sonshine will be available for a final thirty (30) minute meeting to revisit goals, celebrate success, and set the path for future growth.